



EXECUTIVE
DEVELOPMENT CENTER

Leadership Realized.



ALUMS

LEADERSHIP REALIZED



SEMINAR FOR HIGH SCHOOL STUDENTS AND FACULTY

- New Skills in Leading Others
- Working in Groups
- Managing Conflict
- Setting Goals



ALUMS SEMINAR

The ALUMS seminar is a one-of-a-kind leadership program that has developed thousands of students since 1988. This highly interactive seminar is designed to teach high school students and faculty new skills in leading others, working in groups, managing conflict, and setting goals.

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L EAD OTHERS
U SE GROUPS
M ANAGE CONFLICT
S ET GOALS

Self-assessment instruments are used in each module of the program. The assessments give students an understanding of individual strengths and help students recognize the value of individual differences. This learning gives participants new skills and builds their self esteem.



“I really enjoyed the workshop’s atmosphere and how it was presented” – Student



OVERALL VALUE RATING

The Overall Value Rating received is a consistent 4.7 rating. All participants (students and faculty members) evaluate each seminar using a 5 point Likert scale.

MOST VALUABLE THING LEARNED:

“To listen and to lead by listening” – Student

“Strategies/practice; working in groups of students to solve problems; brainstorm; and resolve conflicts”
– Teacher

“How to interact with people of different personality types” – Student

PROGRAM DESIGN

This one-day seminar is designed for 21 participants – 18 students in their junior year of high school and 3 faculty members. Each module has a short interactive lecture followed by a practice session, including:

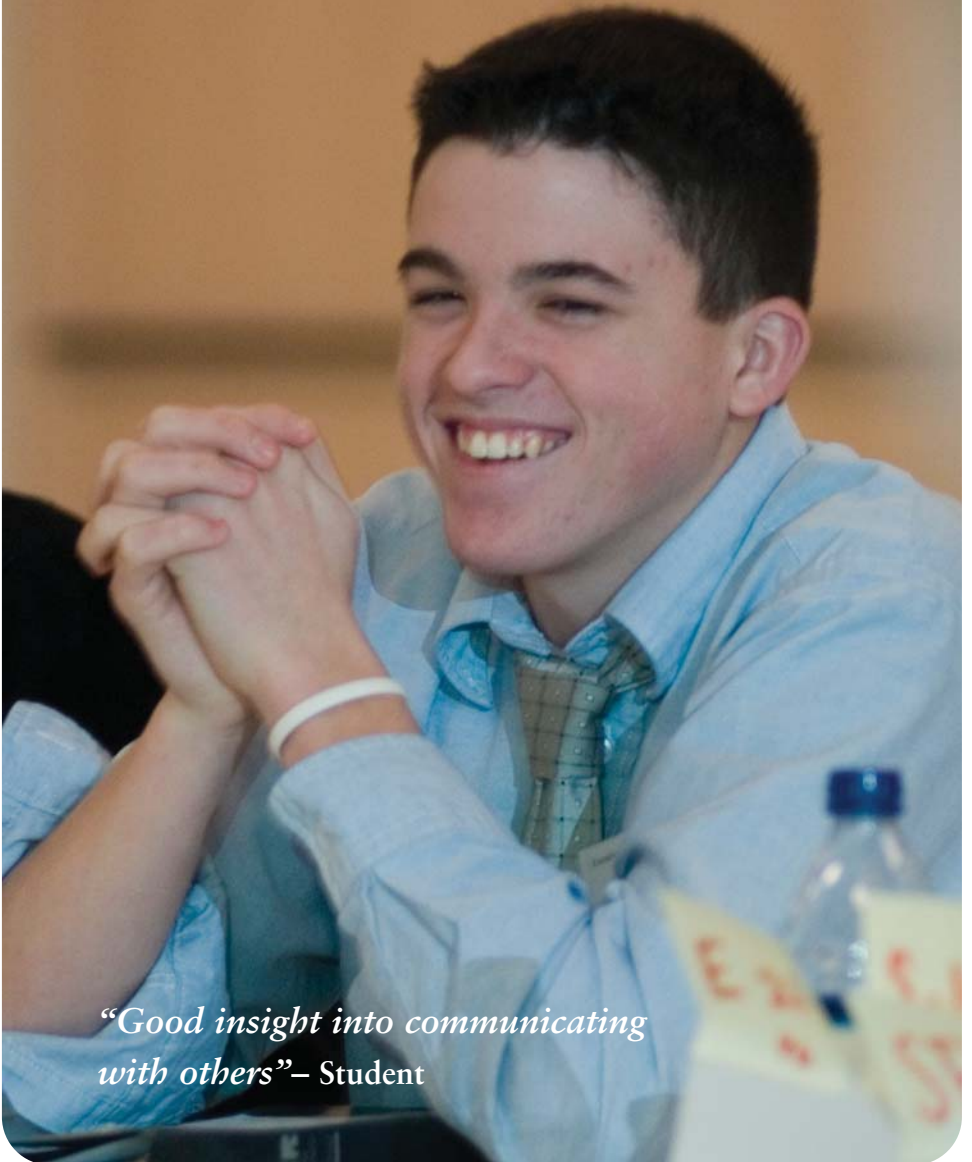
- Brainstorming
- Individual goal setting
- Situational leadership game
- Small group collaboration and problem solving
- Small group videotaping/Group process review and discussion

PROGRAM GOALS

- Identify, practice and improve leadership skills
- Increase understanding of leadership styles of self and others
- Develop measurable goals that can be achieved after the program
- Stimulate further personal growth and excellence in the practice of leadership



*“Helpful look at leading
...informative ...very motivating
...enjoyable ...educational”– Student*



*“Good insight into communicating
with others”– Student*

UNDERSTAND SELF AND OTHERS AS YOU:

Assess Self

- Understand results of self-assessment instruments.
- Understand the leadership styles of self and others.

Lead Others

- Learn characteristics and styles of leadership.
- Learn to lead in a variety of circumstances.
- Learn to match your style to situational needs.

IMPROVE RELATIONSHIPS AS YOU:

Use Groups

- Participate in group problem solving.
- Learn to improve team effectiveness in problem solving.
- Observe your behavior on videotape and receive feedback about how your behavior affects others.

Manage Conflict

- Learn five conflict management strategies.
- Learn how to communicate with others when resolving conflict.

PLAN FOR THE FUTURE AS YOU:

Set Goals

- Apply self-awareness gained during the program.
- Learn the goal-planning process.
- Set personal and school goals that are realistic, motivating and achievable.

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TO HOST A PROGRAM AT YOUR SCHOOL

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